# **EMERGENCY** Disaster Kit

50 Items you need to have on hand in case of a natural disaster



## **First Aid Kit**

Taylor to your individual needs. Be sure to check expiration dates every 6 months

1. Prescription medication/equipment (14 day supply) 2. Sterile gloves (2 pairs) 3. Sterile dressings, adhesive bandages 4. Multipurpose pocket knife 5. Soap 6. Antibiotic ointment 7. Burn ointment 8. Eyewash for flushing contaminates 9. Thermometer 10. Aspirin/pain reliever 11. Antacid 12. Anti-diarrhea medication 13. Laxative 14. Sanitation items (toilet paper, plastic bags, hand sanitizer) 15. Toothbrushes, toothpaste 16. Hearing aids with extra batteries 17. Spare glasses, contact lenses

### Ready-to-Go Container

In case of an evacuation, pack these important items along with your first-aid kit and important papers

1. One gallon of water per person, per day (3 day supply)\* 2. Food: nonperishable, ready-to-eat items; pet food (3 day supply)\* 3. Whistle 4. Battery-powered or hand-crank radio 5. Flashlight 6. Extra batteries 7. Spare cellphone chargers 8. Extra set of car and house keys 9. Matches (in waterproof container) 10. Lightweight, highinsulation blanket 11. Extra clothing, hat, sturdy shoes

\* Replace yearly

#### Stay Home Stash

Store by your go container, in case you are stranded at home 1. One gallon of water per person, per day (14 day supply)\* 2. Nonperishable, readyto-eat items; pet food (14 day supply)\* 3. Manual can opener 4. Plates, utensils, napkins 5. Fire estinguisher 6. Work gloves 7. Face masks for dust & mold 8. Small toolbox including wrench or pliers for utility shutoff 9. Plastic sheeting and duct tape for sealing windows, doors 10. Chlorine bleach with medicine dropper\*\* 11. Extra blankets, sleeping bags 12. Rain ponchos, towels

\*\* To treat non-bottled water for drinking: After filtering water through clean cloths, add 8 drops of regular household liquid bleach to 1 gallon of water. If water is cloudy or muddy, add 16 drops

### **Essential Papers**

Copy important documents: stash with money in a sealed container. Consider electronic backup.

1. Emergency contact information: family, friends, doctors, insurers 2. ID cards: photos IDs, passports, health insurance, Social Security 3. Family records: birth, marriage, death certificates 4. Medical & immunization records, prescriptions 5. Wills, insurance policies, contracts, deeds/ leases 6. Recent tax returns 7. Bank & credit card statements, retirement account records, investment records 8. Local maps 9. Video and/or photos of your valuables & the interior & exterior of your home

10. Cash & change