



Heart and Lung Disease are the number one health concerns of our members

As you know there is a high incidence of coronary artery disease and other unexplained diseases amongst our members. While we debate the responsibility of who should be responsible for our health, for many of us the debate may be too late.

UPSEU believes that a more pro-active initiative would help the membership in identifying the early stages of many of these diseases.

The goal of UPSEU is to address these issues long before they become problems and there are more victims. To that end we are encouraging a health screening exam for the members of the UPSEU.

An arrangement has been made between Inner Imaging, P.C., an affiliate of the Heart Institute at Beth Israel Medical Center and our union. In this arrangement we have arranged for a deeply discounted fee for this screening. **Your total out-of-pocket cost will be only \$375.** (the regular cost of this test can range between \$850 and \$2,000)

The screening exam is commonly called a "Full Body" exam and includes the following four tests:

- The Heart
- The Lungs
- The Abdomen and
- The Pelvic region

Your test results will be completely confidential.

Coronary Artery Disease Facts:

This disease kills more cops than shootings, stabbings and cancer combined. And has done so for the last 81 consecutive years. More than 1.5 million people suffer heart attacks, over 30% fatally, every year as a result of coronary artery disease. 68% of these sudden heart attacks are in arteries that are less than 50% blocked and can not be detected with traditional stress testing. Traditional risk factor analysis by most doctors only account for 50% of heart attacks.

The EBT heart scan can identify coronary artery disease as much as two decades before symptoms occur with an accuracy of 98% - 99%.

Lung Cancer Facts:

Lung cancer is the leading cause of cancer deaths in the United States. For example, police officers are 2.5 more likely to develop lung issues, 9/11 and other carcinogenic exposures have significantly exacerbated these statistics.

Electron Beam Tomography (EBT) scanning is 10 times more sensitive than a regular chest X-ray, and can detect the early development of lung diseases. The current survival rate of lung cancer is 12-15%. Early detection of lung cancer with EBT scanning can potentially change the survival rate to greater than 88%.

Abdomen and Pelvis Facts:

In the general population there is less disease found in these two areas. Given the conditions in which we work we have added these two tests. These two tests are used to identify early disease in those organs of your abdomen and pelvic area.

The purpose of offering this screening and making it available to you is to help you remain healthy. If on the other hand, you are a victim of a disease we want to help you identify the disease early, before it becomes disabling.

Help us help you and your fellow members. If you have a partner or colleague that is experiencing symptoms please call Inner Imaging at 212- 991- 5445 and they will explain the process to you.

This screening is also available for spouses, staff members and retirees at the contracted rate of \$375.